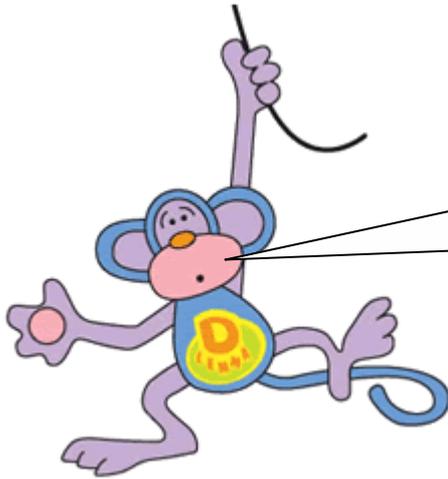


Di Lemma goes to the supermarket



Hi guys Di Lemma here today my mum is taking me to the supermarket to do the weekly shopping. If I am good she will buy me a treat.

Use www.visionfoodhall.com as a visual aid to the story

Di Lemma was putting his coat on and getting ready to go to the supermarket with his mum. He got into the car and they drove the twenty minutes to the big shopping complex.

They got out of the car and Di Lemma's mum asked Di Lemma to fetch a trolley. Di Lemma went to the trolley park and got a big trolley with a seat in it for his little sister. Di Lemma's mum told Di Lemma not to let go of the trolley and off they went.

The big doors at the front of the shop opened as they got near to them. Di Lemma asked his mum was there a little man watching for people and then opening the doors? His mum told him no and that they ran on electricity. There was a sensor that could tell when people wanted to come in the door and this made the doors open.

Di Lemma's mum got her list of all the shopping she wanted out of her bag. The first thing they came to was the fruit and vegetables. There were so many different shapes and colours Di Lemma thought it all looked really bright.

Can you name five different fruits and vegetables?

Can you name their different colours?

Can you name their different shapes?

Once his mum had filled some of the trolley with fruit and vegetables they moved into the refrigerated section. This is where his mum put cheese, yoghurts, milk, ham, bacon, sausages, pork chops, a whole chicken and some mince so that they could have spaghetti bolognaise one day this week.

Can you name your favourite food? What do you like best about it?

After the fridge section they moved into the cereal, jams, biscuit and pasta aisles. Di Lemma's mum filled up on pastas and sauces and then some cereals for breakfast. Di Lemma then got excited because they were moving into his favourite isle which was the chocolate and sweets isle. Di Lemma's mouth started to water, he loved sweets. Di Lemma's mum told him he could choose one treat. "Only one" cried Di Lemma. "But there's too many to choose from. How am I supposed to decide?" Di Lemma started to pace up and down the aisle picking up some sweets then changing his mind and putting them down again. Di Lemma's mum said "Di Lemma hurry up we haven't got all day." Di Lemma ummed and ahed and finally decided to buy some chocolate covered raisins these were one of his favourite things.

What would you have chosen? What is your favourite chocolate bar?

The last thing they had to buy was the bread and the frozen peas. They went into the freezer section and Di Lemma shivered, it was so cold. "Quick" said Di Lemma to his mum "I'm cold". They hurried out of the freezer isle into the lovely warm sweet smelling bread section. "MMMMM MMMMM" said Di Lemma is all smelled so lovely. His mum picked up two big loaves of bread and they headed for the check out.

The lady on the check out said hello to Di Lemma and his mum. She ran everything over the sensor on the till and his mum packed it into plastic bags. Di Lemma helped his mum do this. His mum told him he had to be careful what you put in each bag. The fruit and vegetables should all go together. The bread should not be put in the bottom of a bag or it might get squashed. Di Lemma was really careful and did what his mum said. All of the packed bags were put back in the trolley, so they could push them to the car.

Does it sound like Di Lemma and his mum have bought a wide range of food? Think about when you have been shopping before, did you buy a mixture of everything?

When they got home Di Lemma helped his mum to unpack all of the shopping. His mum was really pleased with him and she let him have some chocolate raisins as a treat, because he had been so good. Di Lemma was really pleased.

Di Lemma says bye for now.....